



ALL IS MIND

The hermetic principles and the Kybalion spoke of how the mind interacts with the universe. If we can step away from any teachings of the past and think from a state of intuition in the now, in this moment we can be guided by our own intuition of what resonates within our mind & body. After all it is our intuition that guides us every day in every moment it is our choice to listen to our intuition or not.

If you think about how many times in a situation have you said to yourself; Oh' I knew this would go wrong or given a wrong answer when our intuition of knowledge was screaming out to us the right answer.

For most of our human experience we are guided by what we are told, what we are taught, which is great as it is the mindset of the guided child mind and like a sponge absorbs all information good or bad, but do we really get to the point that we decide ourselves, most of us never think about thought, about what we think about, about where thoughts end up, the subconscious loop system only goes around in our mind built up of what thoughts we chose to focus on, we fixate on the negative thoughts but find it difficult to focus on the positive thoughts as we are so distracted.

Why are we not taught the universal laws that govern the universe?

We are so intelligent as a species yet so easy to distract, so easy to brainwash it's the way of the subconscious mind.

If we look at the principles of the mind and universe, I believe we can create a more fulfilled life & find the answers to the whys we ask ourselves every day just by learning these principles & how they interact in our daily life's journey.

Let's look at these principles,

The seven Universal Laws of the Universe that Govern Creation

Mentalism - "The ALL Is Mind; The Universe is mental."-*The Kybalion*

Universal Law Mentalism is a concept that suggests that everything in the universe is made up of mental energy. This means that our thoughts, emotions, and beliefs have a direct effect on the world around us. According to this theory, we are all connected through this mental energy, and our thoughts and actions can influence the reality we experience. By understanding and harnessing the power of our minds, we can create the life desire and manifest our deepest desires into our life. Universal Law Mentalism is a fascinating concept that has the potential to transform the way we view ourselves and the world around us.

Correspondence - " As Above; so below; as below, so above."-*The*

Kybalion

The Universal Law of Correspondence is one of the seven Hermetic principles that govern the universe. This law states that everything in the universe is connected and that there is a correspondence between the physical, mental, and spiritual planes of existence. This means that what happens in one plane happens in the others. By understanding this law, we can gain a deeper understanding of the world around us and how we can influence it.

Vibration - Nothing rests; everything vibrates. -*The Kybalion*

The Universal Law of Vibration states that everything in the universe is made up of energy that pulsates at a certain frequency. This includes all matter, thoughts, and emotions. The Law of Vibration also states that like attracts like, meaning that similar frequencies will naturally be drawn to each other. By understanding and working with this law, we can learn to raise our own vibration and attract more positive experiences into our life.

Polarity - "Everything is Dual; everything has poles; everything has its pair of opposites; likes & unlike are the same; opposites are identical in nature, but different in degree; extremes meet; all truths are but half-truths; all paradoxes may be reconciled"-*The Kybalion*

The universal law of polarity states that everything in the universe has an opposite. This means that there is no good bad, no light without, and no hot cold. The law of polarity teaches us that we can only experience one thing because of its opposite. For example, we can only appreciate the light because we know what darkness is. Understanding this law can help us to find balance in our lives and to appreciate the good and bad experiences that come our way.

Rhythm - " Everything flows, out & in, everything has its tides, all things rise & fall; the pendulum-swing manifests in everything; the measure of the swing to the right is the measure of the swing to the left; rhythm compensates."-*The Kybalion*

The universal law of Rhythm states that everything in the universe moves in a cyclical pattern. This law is evident in the changing of seasons, the rise and fall of the tides, and the beating of our hearts. Understanding this law can help us navigate the ups and downs of life with greater ease and acceptance. By recognizing that everything is temporary and that change is inevitable, we can learn to flow with the rhythm of life rather than resist it.

Cause & Effect - " Every Cause has its effect; every effect has its cause; everything happens according to law; Chance is but a law not recognized; there are many planes of causation, but nothing escapes the law."-*The Kybalion*

The Universal Law of Cause-and-Effect states that every action has a corresponding reaction. This means that every decision we make, every word we speak, and every thought we have will have an impact on our lives and the lives of those around us. Understanding this law can help us take responsibility for our actions and make conscious decisions that align with our goals and values. By recognizing the power of cause and effect, we can create a more and fulfilling life for ourselves and those we interact with.

Gender- "Gender is in everything; everything has its masculine & feminine principles; Gender manifests on all planes."-*The Kybalion*

The universal law of Gender is one of the seven Hermetic principles that govern the universe. This law states that everything in the universe has both masculine and feminine energies, and these energies are necessary for creation and manifestation. The masculine energy is associated with action, logic, and strength, while the feminine energy is associated with intuition, emotion, and receptivity. By understanding and balancing these energies within us, we can achieve greater harmony and success in all areas of our lives.